

**17 Finkle Street, Kendal Cumbria, LA9 4AB**  
**Helpline 030 300 300 03**

# **HOME CARE**

## **PERSONAL AND HOME CARE SERVICES – SOUTH CUMBRIA**

Most agencies offer a range of services from half hour visits to 24 hour personal care, night cover, sitting-in and respite. Support at home may also be offered covering cooking, shopping, cleaning, laundry etc.

Age UK South Lakeland is in no way responsible for the work carried out by the organisations listed in this publication and being on this list does not constitute a recommendation.

Last reviewed September 2024  
Next review due September 2025

**Able Community Care****01603 764567**

Based in Norfolk but provides Services throughout the UK

[info@ablecommunitycare.com](mailto:info@ablecommunitycare.com)

Live-in Care Support

In addition to our long term care support, we also offer:

- Planned Respite Care for families who need a break.
- Home from Hospital Care Support
- Holiday Care Companions whereby we not only take older people or people with a disability all over the UK but internationally as well. For Example we provided support to a gentleman to visit New Zealand last year and several Grandma's have used our support to take part in weddings not in the UK

**Alcedo Care South Lakes****01539 885885**

6 Market Place, Kendal, LA9 4TN

Covering – Kendal and all surrounding areas of the South lakes including Arnside, Burton in Kendal, Milnthorpe and Endmoor. We also cover the Carnforth and Warton area.

We offer a wide range of services including complex care, care for children with additional needs, waking and sleep nights, live in care, all aspects of personal care, cleaning, shopping, medication, and food preparation.

Alcedo Care is a family run homecare provider, and we value enriching lives and supporting independence. Our aim at Alcedo Care is to deliver the highest possible standard of care and first-class customer service in both our homecare services and our temporary healthcare staffing services.

**Caviar Care**

Castle Rise, Kendal LA9 7BQ

**07711021726**

Email – [caviarcare@yahoo.com](mailto:caviarcare@yahoo.com)

Caviar Care offers a bespoke professional, caring and friendly service covering all of the South Lakeland area and offers assistance with personal care, medication taking, meal preparation, housework and shopping

I have level 2-3 and 4 in health and social care and I am trained in emergency first aid

**CW Homecare**

17 Briarlea Road, Nether Kellet

**07748365891**

Email - [cwhomecare@outlook.com](mailto:cwhomecare@outlook.com)

CW Homecare cover Kendal, Kirkby Lonsdale, Burton in Kendal, Lupton, and all surrounding areas. We are a small team of home care providers, based in Nether Kellet, Carnforth, with extensive experience in care work and home care support offering a wide range of services, from personal care, bathing, cooking, shopping, hospital appointments, trips out.

Our rates are £18 per hour weekdays, evenings and weekends.

**Brancaster Homecare Ltd****01539 739684**

No 4 Yard 77, Highgate, Kendal, LA9 4ED

Cover Kendal, Windermere and Grange.

Offer all aspects of personal care & bathing. Services include shopping, meal preparation, cooking, cleaning, accompanied hospital visits, holiday relief and social & religious outings.

**Carewatch Kendal****01539 740955**

Homecare Services, The Lighthouse Centre, 1 Townley Street, Morecambe. LA4 5JQ

Cover Kendal and surrounds to the South including Grange over Sands, Arnside, Milnthorpe, Burton in Kendal, Flookburgh, Underbarrow and Endmoor. Homecare and use of company car to take clients out for social events, shopping etc.

**Coniston Care Scheme Ltd****015394 41868**

Institute House, Yewdale Road, Coniston LA21 8DU

Cover Coniston and area. Mileage charged for services outside Coniston. Offer all aspects of personal care, Social visits etc. No overnight service at present.

**Denise Coleridge - DC Homecare****07387 947418**

7 Howgill Close, Burneside, Cumbria LA9 6QJ

Personal care including bathing, dressing, continence support, help with eating and drinking, companionship, help with hobbies and interests, escorting to appointments, trips out. Home help, meal preparation, light household chores, shopping and laundry, pet care including dog walking, cover Kendal, Burneside, Staveley, Crook and Windermere.

**Heydays Care & Support Services,****Grange 015395 52548**

76 Warwick St, Barrow, LA14 5HB

**Barrow 01229 808023**

Or call Dawn Darby (registered Manager) on

**07827 964 360**

Offices in Barrow and Grange. Services run 7 days a week between 7am - 10pm and include personal care, respite care, light housework and laundry, meal preparation, shopping, support in the community and looking after pets.

Also offer sleep overs, waking watch & live in care service.

**Anne Parker****07908620227**

52 Priory Lane, Kentsbank, LA11 7BJ [aparker32000@yahoo.co.uk](mailto:aparker32000@yahoo.co.uk)

Cover Grange over Sands, Kentsbank, Lindale, Cartmel, Allithwaite and Flookburgh. A qualified Occupational therapist with over 15 years' experience as well as home care experience. Services offered, long term conditions, palliative care, dementia, Parkinson's, stroke, older people, homecare services to include personal care, meal preparation, taking to appointments, shopping, happy to discuss other tasks.

**Home Instead Senior Care****01539 267220**

Meadowbank House, Meadowbank Business Park, Shap Road, Kendal LA9 6NY

Cover Ambleside, Windermere, Kendal, Grange-over-Sands, Ulverston, Newby Bridge, Carnforth, Milnthorpe, Arnside, Silverdale and surrounding villages.

Offer full range of companionship, home help, personal care and dementia care services. From 4 hours per week to 24 hours per day.

[www.homeinstead.co.uk/southlakes](http://www.homeinstead.co.uk/southlakes)

**Homelife – daily support service****07810 430933**

Aynam Road, Kendal, LA9 7DW

Covers Kendal area

Provides social, physical and mental stimulation for adults to remain living in their own homes.

Services include – Companionship, Housekeeping, support to attend appointments, shopping, access community resources and activities.

**Social Lunch Hub**

We are open on Tuesday and Fridays 10am to 2pm and based at the Marchesi Centre Holly Road Windermere.

Cost is £5 per session and the day includes regular refreshments, gentle exercises, crossword, lunch, games, and outings. We aim to provide social, mental and physical stimulation in a relaxed friendly environment.

**Lakeland Care and Support Services****01229 585693**

Bortree Stile, Osmotherley, Ulverston, LA12 7PB

Cover Furness and South Cumbria including Kirkby, Lindal, Urswick, Ulverston and Greenodd and surrounding areas

Offer care in your own home. Calls from 30 minutes up to full time live-in care. Assistance with personal care, meals, shopping, and medication. Companionship and trips – both social and medical. Respite for carers & sitting services. Rehabilitation following illness or operation. 24 hour Live In care across South Cumbria. Night cover. ([www.lakelandcarers.co.uk](http://www.lakelandcarers.co.uk))

**Lakes Home Care****07930 179902**

Hallgarth, Kendal LA9 5PE

[enquiries@lakeshomecare.co.uk](mailto:enquiries@lakeshomecare.co.uk)

Cover Kendal, Windermere, Kirkby Lonsdale, Grange over Sands, most local areas

A small team of reliable and friendly carers, working together to provide high quality care. Offering respite care at home, outings, experienced with elderly care, dementia, palliative, disabilities and mental health.

**Millom Home Care****01229 777101**

3 Crown Street, Millom LA18 4AG Cover Millom and surrounding areas.

Provide holistic support at home to meet individual needs whilst promoting independence. Support and assistance with personal care, domestic tasks, shopping, escorting out, medication, meals and support with daily living tasks

**Premier Care (Cumbria) Ltd****01539 736353**

123 Highgate, Kendal, LA9 4EN

Cover Kendal and surrounds.

General home care, companionship, shopping trips, respite care. 24-hour Live-in services may be available.

**Premier Care Cumbria****01229 588588**

Office 5, Double Tree Court, Cavendish St, Ulverston, LA12 7AD

Cover Ulverston and surrounds as well as areas under Barrow Borough Council.

We provide fully regulated and fully managed live-in care across the whole of the Cumbria region to enable loved ones to live independently and safely at home whilst remaining close to their community and family. We have a range of flexible services from full time live-in care 7 days per week or part time for 4 or 5 days. We can also offer extended day care support from 8.00 am to 10.00 pm for a minimum of 4 hours per day and 24 hours over consecutive days. For those unpaid family carers who require some respite we can offer a live-in respite care service for 2 weeks with 10 days' notice.

Our care can be arranged speedily if needed, 5 days after a face-to-face care assessment. All carers are trained to support people requiring companionship, living with dementia, needing help with personal care and medication or other more complex needs. Carers live with our client in a spare room rotating with another live-in carer on a 4–6-week basis to minimise disruption and help to develop a close professional relationship, whilst offering peace of mind to the family. We organise and cover costs for all changeovers and there are no hidden costs for families to worry about other than a weekly care fee.

**SHC Lune Valley (Spinal Homecare Services Ltd)****01539 730777**

157 Stricklandgate, Kendal, LA9 4RF

Cover from Bentham, Kirkby Lonsdale to Kendal and areas in between.

Provide help through personal care, sit calls, domestic tasks, shopping, escorted social and medical trips, waking/sleeping overnights.

**St Gregory's Home Care and Nursing Services****01524 720189**

50c Market Street, Carnforth, LA5 9LB.

Cover South Cumbria from Sedbergh and Windermere to Arnsdale, from Grange to Kirkby Lonsdale and North Lancashire. Offers all aspects of personal care, including night care, palliative care and nursing care. Live in help available.

**The Oaklea Trust****01539 735025**

48 Stramongate, Kendal LA9 4BD

Cover Kendal and South Lakeland.

Enable individuals to be as independent as possible by encouraging customers to carry out activities themselves or with support. The costs for this care may be met by funds from a customer's individual budget, by a local authority or from a customer's own personal funds.

**Sarah Metcalfe****07738377787**

Endmoor, Natland, Kendal area

I have been in care work for over 32 years. Worked in many care homes, have been private for the last 10 years. I do all aspects of care, companionship, meal prep, respite, personal care, care home visits, morning calls etc.

**Twilight Years – Windermere Branch****015394 40975 or**

Windermere Works, Oldfield Court, Windermere LA23 2HJ

Out or hours number -

**07549 647262**

Covering: Windermere, Ambleside, Grasmere, Kendal and all surrounding areas.

Offers a full range of homecare services including personal care food preparation, light housework, sleepovers and wake overs.

**Twilight Years****01229 835200 or**

114 Rawlinson Street, Barrow in Furness LA14 2DG

**01229 824342**

Out or hours number -

**07811 652072**

Cover Ulverston Dalton, Barrow, Askham and surrounding areas

Offers a full range of homecare services including personal care food preparation, light housework, sleepovers and wake overs.

**Westmorland Homecare****01539 725107**

18 Highgate, Kendal LA9 4SX

Westmorland Homecare was set up 2 years ago by 2 doctors with a passion for changing the way homecare is delivered in the community; they are the only service with a rating of 5 outstanding reviews at our first CQC inspection and one of only 14 services in the whole UK with this review. They believe in looking after people in their own home, with our passion to keep people independent and active wherever they can. They operate across the whole of the South Lakes from Grasmere down to Grange; have their own in house physio and a wealth of experience within the team to support you no matter what your need.

[www.westmorlandhomecare.co.uk](http://www.westmorlandhomecare.co.uk)

# LIVE-IN CARE

In addition to those providers listed above who offer Live-in services, the following national providers may be of assistance.

## **Able Community Care**

**01603 764567**

The Old Parish Rooms, Whitlingham Lane, Trowse, Norwich, NR14 8TZ

[www.uk-care.com](http://www.uk-care.com) ; Email: [info@ablecommunitycare.com](mailto:info@ablecommunitycare.com)

(Long or short term live-in care, nationwide. Prices according to assessed need.)

## **Country Cousins**

**0808 163 3750**

3<sup>rd</sup> Fl, West Point, Horsham, West Sussex, RH12 2PD

[www.country-cousins.co.uk](http://www.country-cousins.co.uk)

Long or short-term live-in care, nationwide. Prices according to assessed need.

## **Helping Hands**

**0843 783 6972**

Arrow House, 8 Church Street, Alcester, Warwickshire, B49 5AJ

[enquiries@helpinghands.co.uk](mailto:enquiries@helpinghands.co.uk)

Provides long or short term live-in care/respice – nationwide.

## **The Good Care Group**

**0800 023 4220**

15<sup>th</sup> Floor, Tower Building, York Road, London SE1 7NQ

[enquiries@thegoodcaregroup.com](mailto:enquiries@thegoodcaregroup.com)

Provides long or short-term live-in care/respice throughout England and Scotland; Specialist in caring for people with Dementia and Parkinson's.

## **Gabriela Safavi**

**07821 466386**

[aysagabriela27@gmail.com](mailto:aysagabriela27@gmail.com)

Areas: North-South Lakes-North Lancashire

7yrs Qualified, professional, caring Homecare Services including Wake and Watch, sleep in care, medication preparation, meal preparation these are examples of what I personally offer as I tailor my services to individual requirements. Happily covering north and south lakes, North Lancashire Areas. Ideally suited to 8hr shifts, Weekly Stay Care, full days and nights.



**Gillian Gibson**

**01539 821214 or text only 07914955532**

[Gill.gib@hotmail.co.uk](mailto:Gill.gib@hotmail.co.uk)

Five Oaks, Capplerigg Lane, Crook, Kendal LA8 8JY

Care plus Convalescence, this is a private respite facility

**Agencies in areas bordering on South Lakeland may provide services within our District. For lists of nearest agencies to your home and inspection reports on all registered agencies, contact the Care Quality Commission**

[www.cqc.org.uk](http://www.cqc.org.uk)

**03000 616161**

Care Quality Commission

Customer Service Centre

Citygate,

Gallowgate

Newcastle upon Tyne

NE1 4PA

Email: [enquiries@cqc.org.uk](mailto:enquiries@cqc.org.uk) .