

INFANT FEEDING SUPPORT

With Allison Thambyrajah, Milk and Nurture

Part of Connect & Grow: Parent and Young Child Pop-Ups

Feeding your baby shouldn't be stressful — you're not alone!
Join our infant feeding counsellor with over 23 years of experience for expert support on breastfeeding, bottle-feeding, combination feeding, and weaning.

Get guidance on:

- ✓ Latching & milk supply
- ✓ Reflux, allergies & tongue tie
- ✓ Expressing & bottle-feeding
- ✓ Returning to work & weaning

Drop in, ask questions, have a drink, and get the support you need in a relaxed, friendly space.



*Friday April 4,
9:30-10:30 AM
Stokesley Community
Library*

Questions?
Call 01609 780458
Email reception@hambletoncommunityaction.org