

SPONSORED BY

THE LOCAL CARE
PARTNERSHIP AND
STOKESLEY HEALTH CENTRE

EVERY FRIDAY

9:30–10:30 AM

CALLING EXPECTANT PARENTS AND PARENTS OF THE UNDER 5s!

Drop by the pop-up every week at

STOKESLEY COMMUNITY LIBRARY

Meet other parents and chat
about a wide variety of topics.
Visiting speakers will be
scheduled every few weeks.



Connect & Grow: Parent and Young Child Pop-Up



You can:

- Have a cuppa
- Weigh your baby
- Talk to other parents
- Get free Healthy Start vitamins
- Boost your support network



We'll schedule speakers to come chat about:

- Nutrition
- Breastfeeding Techniques
- Sleep Techniques
- And more



Snacks Provided!



Questions? Contact Kate Hawthorne at
01609 780458
or [reception@
hambletoncommunityaction.org](mailto:reception@hambletoncommunityaction.org)

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