

# Information and Advice Drop-In Sessions



**Having the right information at the right time  
can make a big difference!**

**First Monday of the Month  
11.00am - 2.00pm**

During the session we can help with -  
Benefit checks, Blue Badge applications,  
Winter Warmth grant, and generic queries.

**Workington HUB -  
Workington Library  
Vulcan's Lane  
CA14 2ND**

For more information please contact us

**01228 536673**

email **[admin@ageuknorthcumbria.org.uk](mailto:admin@ageuknorthcumbria.org.uk)**