

Over 50's Aqua Aerobics

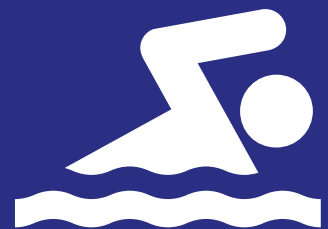
BETTER



Every Tuesday
2.45pm - 3.30pm

To book a place or find out more about **Aqua Aerobics**, please contact the Kendal Leisure Centre by calling into their reception or by email at betterhealthkendal@gll.org

Refreshments will be provided.
Supporting the Local Community



Kendal Leisure Centre

Burton Road
Kendal, Cumbria
LA9 7HX