



By Your Side offers advocacy to people who are not eligible for statutory help. We aim to support people to get the best out of health and welfare appointments, ensuring that their questions are answered and they feel heard and understood.

We offer the By Your Side service free of charge.

Volunteer expenses are reimbursed.



"Finally, there are people who can genuinely help me to change things for the better."

We offer support to those who:

- Are struggling to access the services they need, e.g.: benefits, healthcare, etc.
- Are worried about completing official paperwork such as benefits applications.
- Are anxious about attending medical or work capability assessments.
- Need support to attend hospital appointments.
- Are feeling overwhelmed with responsibilities and unable to cope alone.



We are here to provide one to one advocacy to ensure questions are answered and people feel heard, understood and supported throughout their journey.

If this is you, or someone you know please contact us via the information on this leaflet!



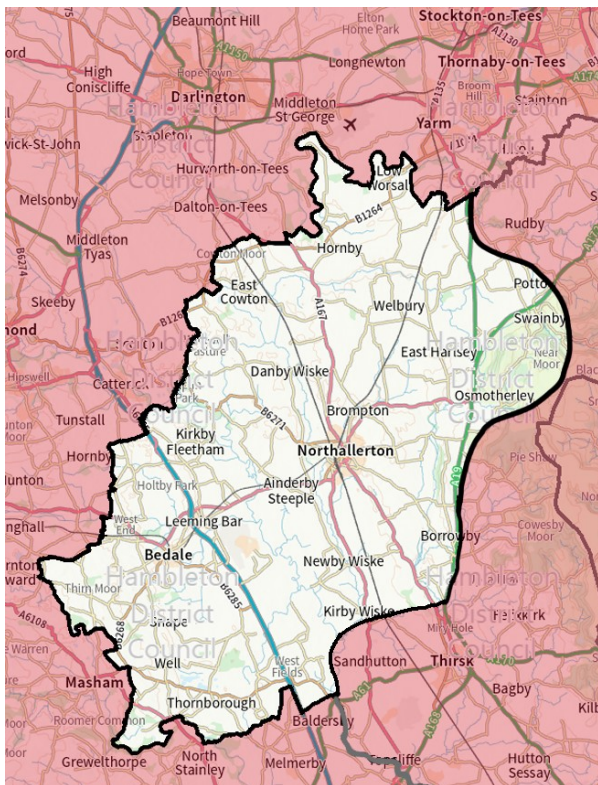
To apply, please visit our website:

www.hambletoncommunityaction.org

For further information please contact reception (see reverse for details).



Coverage



Our By Your Side service supports people in Northallerton, Bedale and the Surrounding villages.

Other schemes are available in the surrounding areas—please ask for more details.

By Your Side

Hambleton Community Action

HCA is a local charity that offers a range of services focused on enabling and encouraging participation and social connection within the community

Other services we provide include:

Community Car Scheme/Shopping Angels
Carers' Respite Sitting
Community Visiting/Telephone Friending
"Let's Get Connected"
"By Your Side"
And various social groups!

Ground Floor Office Suite,
159/160 High Street Northallerton DL7 8JZ

Contact: Paula Heigh, Project Officer

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Email:

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www.hambletoncommunityaction.org

Registered Charity No. 1164895



**Supporting carers in
Northallerton, Bedale and
surrounding villages.**