

# Over 50's Basic Aqua Aerobics

BETTER

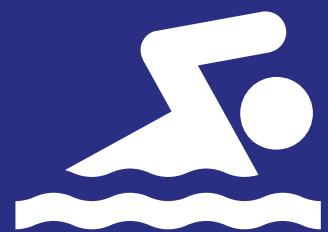


Every Thursday  
2:00 PM - 2:45 PM

To book a place or find out more about **Over 50's Basic Aqua Aerobics**, please contact Ann at the Ulverston Leisure Centre on **07927 518055**.

Refreshments will be provided.

**Supporting the Local Community**



**Ulverston Leisure  
Centre**

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