



South Craven Lunch Group

A monthly lunch group for carers
and those they support



Take some time out, join us for fun, friendship - and good food too!
At the Old White Bear, Keighley Rd, Cross Hills
1st Thursday of the month at 12 noon

Booking is essential. Contact Carol Hudson on
01756 700888 or chudson@carersresource.org



Carers' Resource exists to support unpaid carers, the people they
care for and the professionals who work with them.

www.carersresource.org