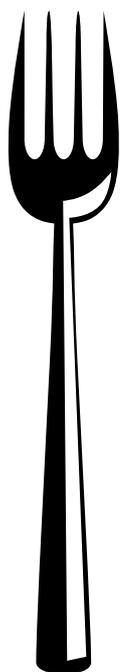


# Skipton Lunch Group

A monthly lunch group for carers  
and those they support



Take some time out, join us for fun, friendship - and good food too!  
At The Railway, 10 Cavendish Street, Skipton  
1st Wednesday of the month at 12 noon

Booking is essential. Contact Sharon Eccleston on  
01756 700888 or [seccleston@carersresource.org](mailto:seccleston@carersresource.org)



Carers' Resource exists to support unpaid carers, the people they care for and the professionals who work with them.

[www.carersresource.org](http://www.carersresource.org)