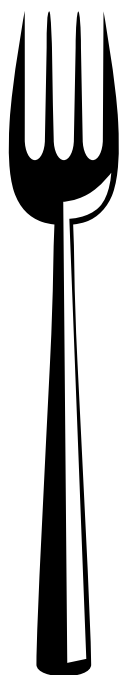


Skipton Lunch Group

A monthly lunch group for carers
and those they support



Take some time out, join us for fun, friendship - and good food too!
At The Railway, 10 Cavendish Street, Skipton
1st Wednesday of the month at 12 noon

Booking is essential. Contact Sharon Eccleston on
01756 700888 or seccleston@carersresource.org



Carers' Resource exists to support unpaid carers, the people they
care for and the professionals who work with them.

www.carersresource.org